



ACTIVITY BOOK FOR CHILDREN [3-4 YEARS]



**Ministry of Women and Child Development
Government of India
New Delhi**

SEPTEMBER, 2017



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What is this activity books all about?

This is a prototype of an activity book which can be used as a guide while developing state specific activity books for 3- 4 year old children. This prototype includes worksheets which support the development of fine motor, creative and cognitive skills for young children. This activity book covers the progression of concepts and skills that are age and developmentally appropriate.

Adaptation guidelines

- 1) States should align this activity book with the state ECE curriculum.
- 2) Activities should be planned to reinforce spiral and graded learning while catering to all domains and skills.
- 3) Contextually relevant pictures, letters and words may be added during adaptation.
- 4) Incorporating themes in every activity sheet is not necessary.
- 5) The Anganwadi Worker should be given orientation during training on the content of the activity book and how it can be used in the classroom to foster children's learning and development needs, not as a substitute for but as a supplement to other interactive group and individual activities.
- 6) The assessment cards should be linked with the activity book so that Anganwadi Worker can observe some related indicators and use the child's output for assessment, in addition to other forms of assessment.

Do's and Don'ts in use of activity books (For Anganwadi Worker)

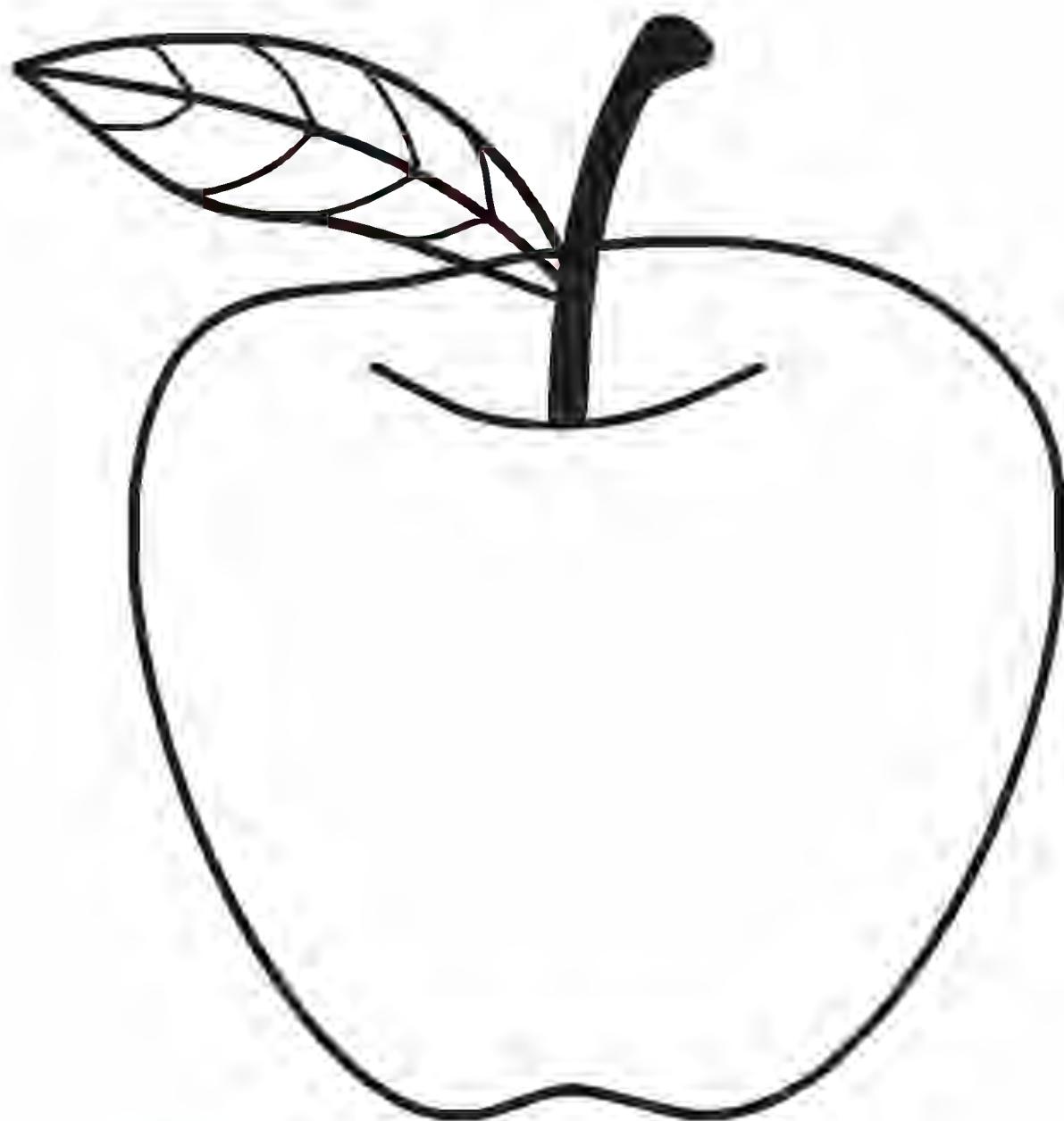
- 1) Please note that activity book should not be seen as a replacement of classroom processes, but only as a means to reinforce concepts. Children learn concepts and vocabulary through a process of first engaging with the environment, with objects, with other persons and with materials through concrete activities and experiences. Then only can they transfer that learning to the next level by engaging with symbolic representation of these objects/experiences through pictures and symbols, for which activity books are helpful.
- 2) Be flexible and conduct a given activity according to the child's needs and pace of learning.
- 3) Please don't force young children to complete the worksheet neatly or within a stipulated time. Allow them to do their best in their own preferred way, since each child has different interests and abilities.
- 4) It is advised not to use activity books every day. Two worksheets per week are enough to engage young children.
- 5) Talk about the worksheet first and give clear instructions to children.
- 6) Please show the activity books to parents which will help them gain an understanding of an age appropriate program as well as insights on their child's progress.
- 7) Do not grade children or allocate marks since the child should not feel that they are being tested while working on the activity book.

Designed by:

UNICEF India and CESED, Ambedkar University Delhi

Date _____

Colouring



Instructions

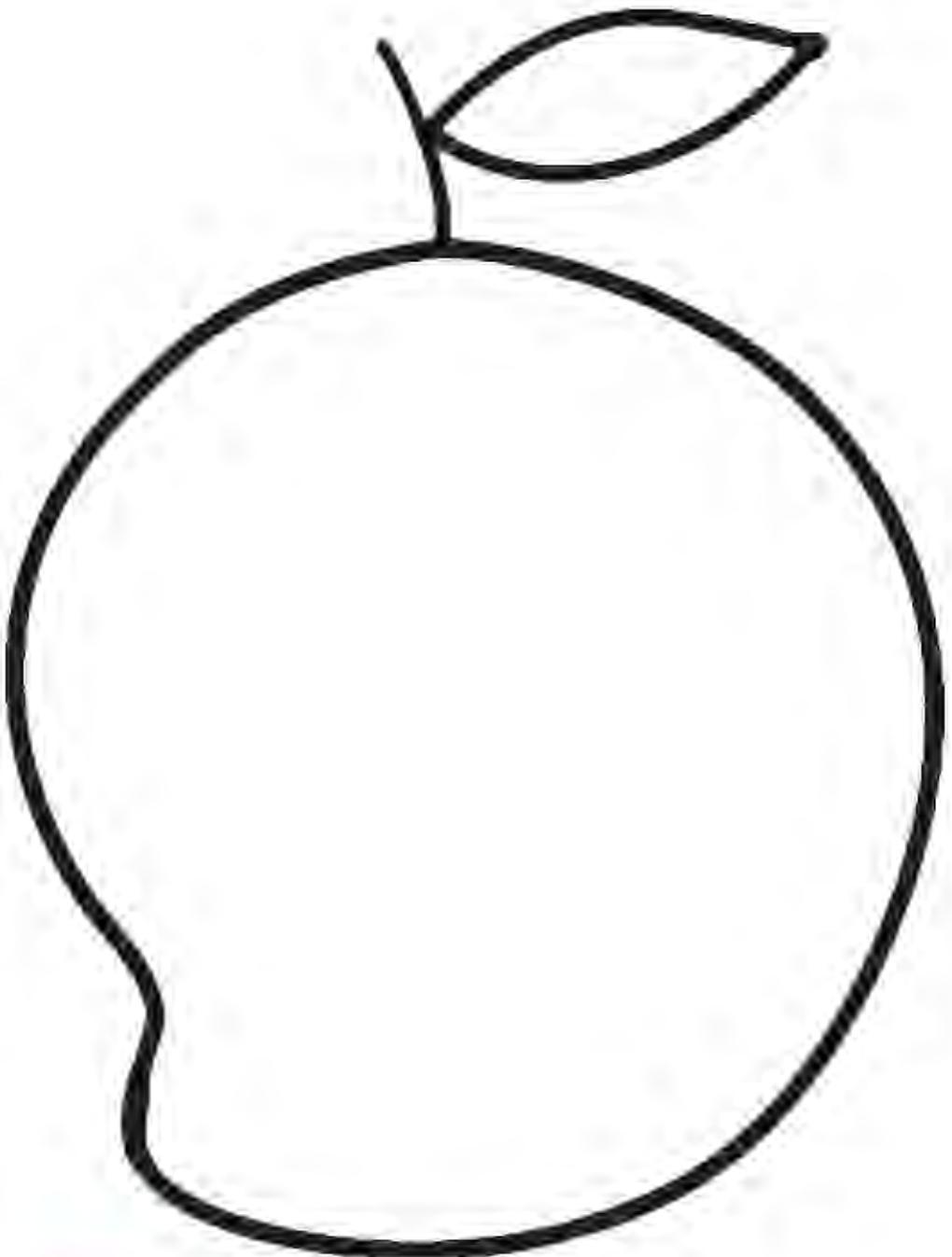
- Introduce and talk to the child about apples.
- Ask the child to colour the picture of the apple.

Parent's Signature

AWW Signature



Colouring



Instructions

- Introduce and talk to the child about mangoes.
- Ask the child to colour the picture of the mango.

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Parent's Signature

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AWW Signature



Free drawing

Instructions

- Ask the child to draw anything s/he feels like.
- Write the name of the object drawn by the child and talk to her/him about it.

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Parent's Signature

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AWW Signature



Concept of Distance

**Instructions**

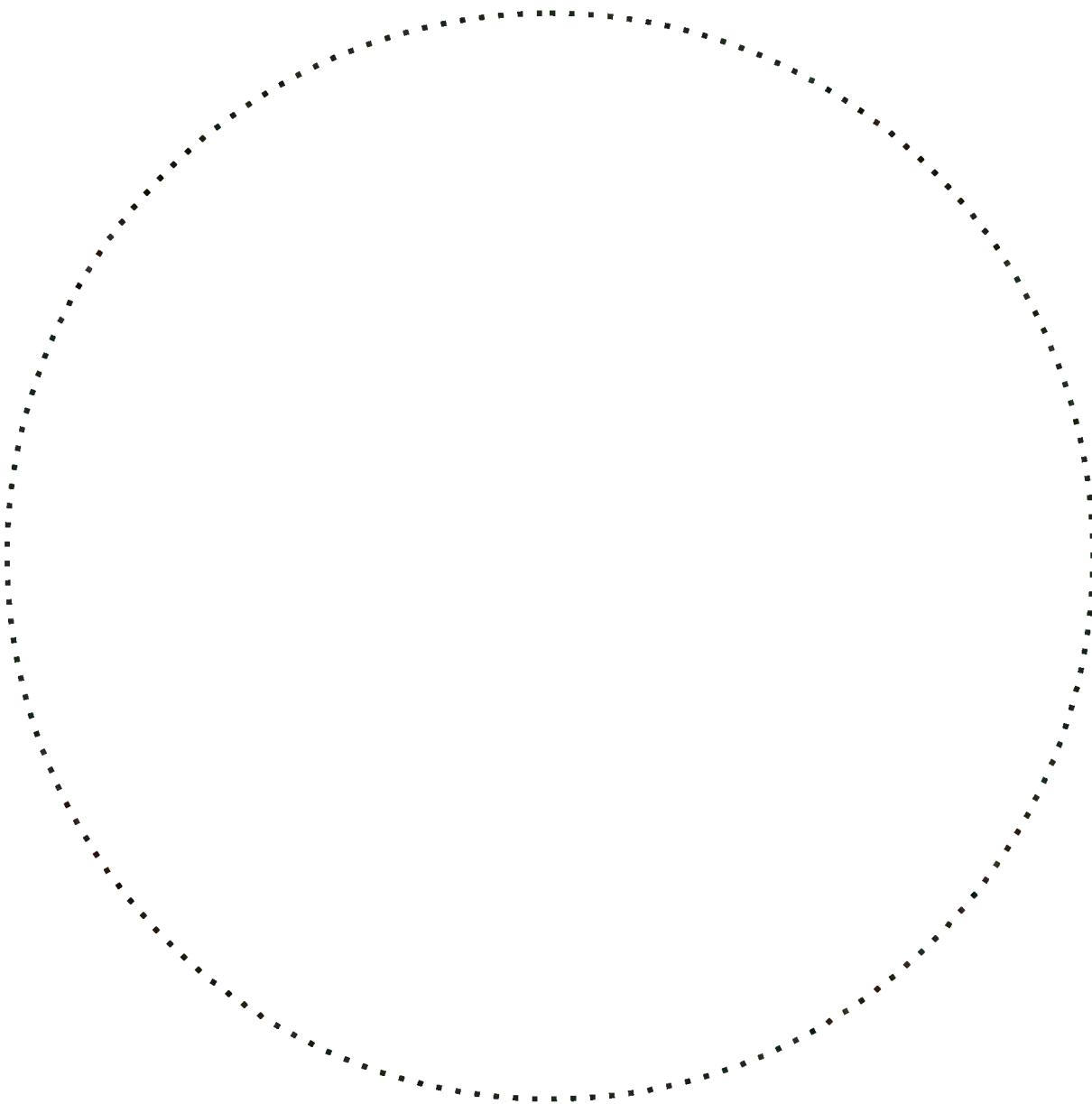
- Introduce and talk about all sets of pictures to the child.
- Ask the child to circle the picture in which the crow is closer to the pot.
- Ask the child to circle the picture in which butterfly is farther away from the flower.

Parent's Signature

AWW Signature



Trace and Colour



Instructions

- Introduce the sheet to the child.
- Ask the child to discover the picture by joining the dots and colour the picture.

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Parent's Signature

.....
AWW Signature



Concept of Length



Instructions

- Introduce and talk about both sets of pictures to the child.
- Ask the child to circle the picture of the short branch.
- Ask the child to circle the picture of the long leaf.

Parent's Signature

AWW Signature



Date _____

Collage Work



Instructions

- Introduce and talk about cauliflowers to the child.
- Ask the child to paste cotton in the picture of the cauliflower.

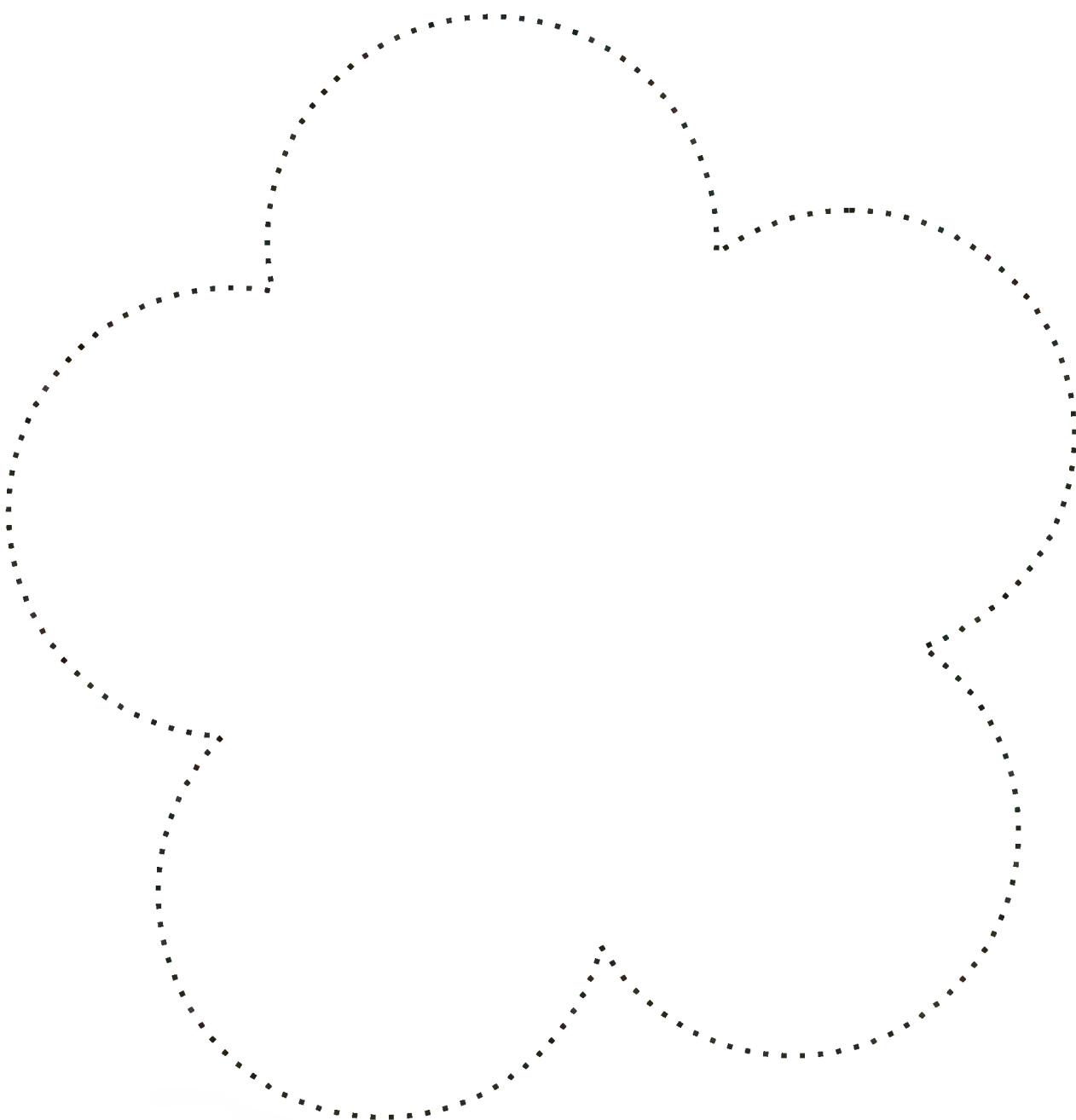
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Parent's Signature

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AWW Signature



Date _____

Trace and Colour



Instructions

- Introduce the sheet to the child.
- Ask the child to discover the picture by joining the dots and colour the picture.

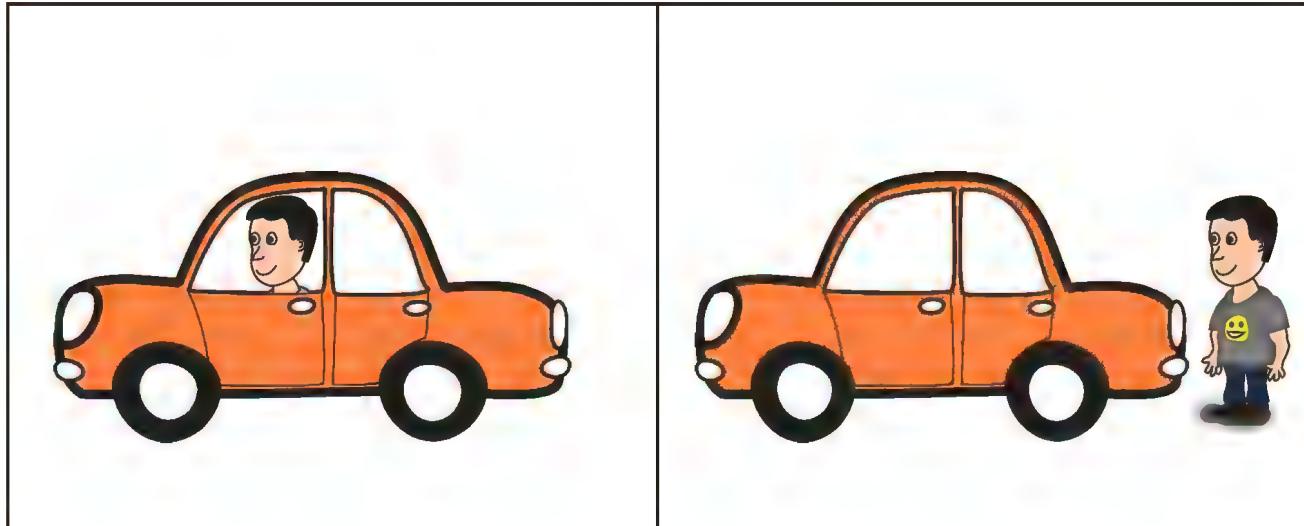
Parent's Signature

AWW Signature



Date _____

Concept of Space



Instructions

- Introduce and talk about both sets of pictures to the child.
- Ask the child to circle the picture in which the man is sitting in the car.
- Ask the child to circle the picture in which the fruits are outside the basket.

Parent's Signature



Free drawing

Instructions

- Ask the child to draw anything s/he feels like.
- Write the name of the object drawn by the child and talk to her/him about it.

Parent's Signature

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AWW Signature



Concept of Size

**Instructions**

- Introduce and talk about all sets of pictures to the child.
- Ask the child to circle the picture of the big ball.
- Ask the child to circle the picture of the small umbrella.
- Ask the child to circle the picture of the big letter box.

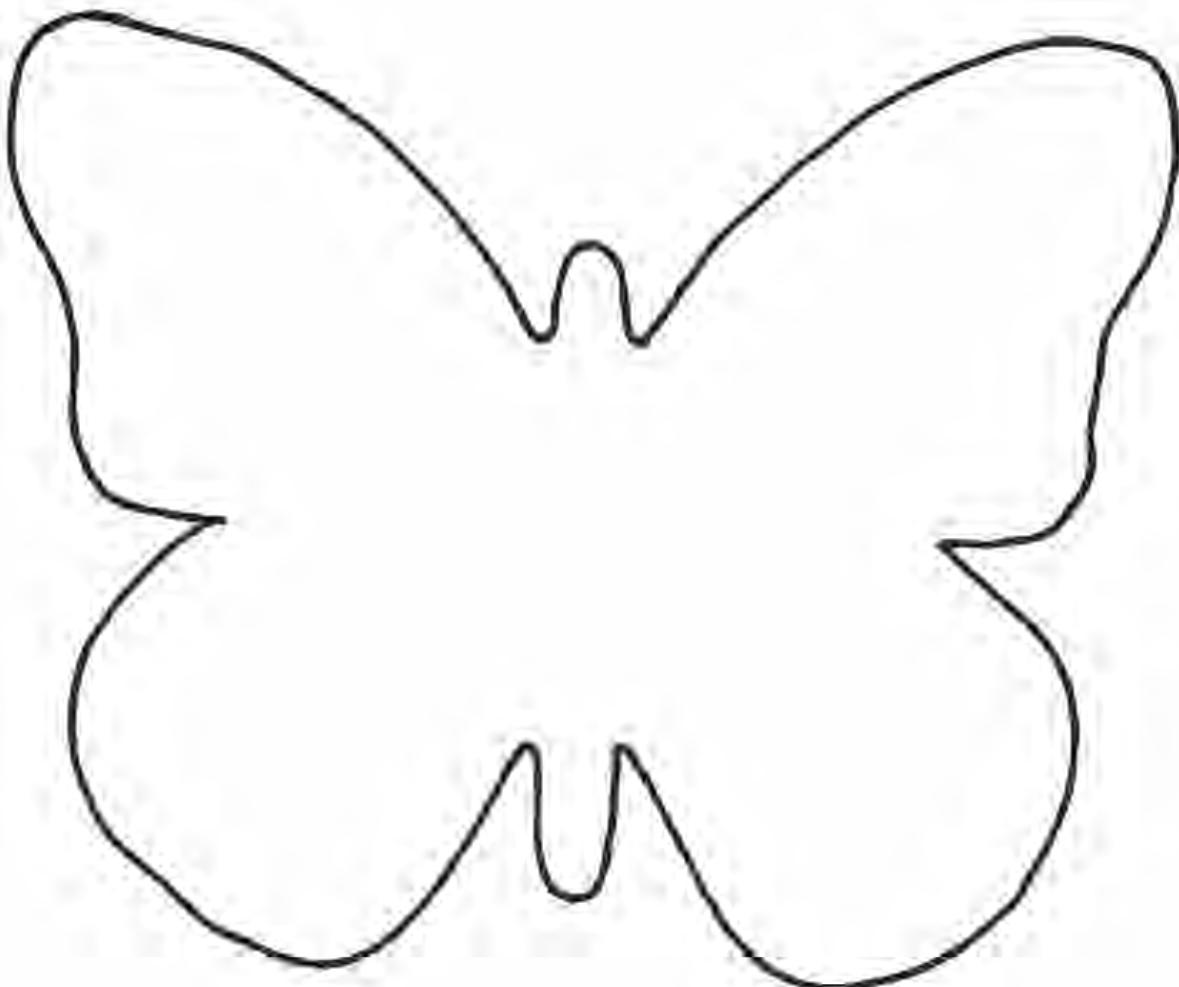
Parent's Signature

AWW Signature



Date _____

Colouring



Instructions

- Introduce and talk about butterflies to the child.
- Ask the child to colour the picture of the butterfly.

Parent's Signature

AWW Signature



Date _____

Concept of Colour – Red



Instructions

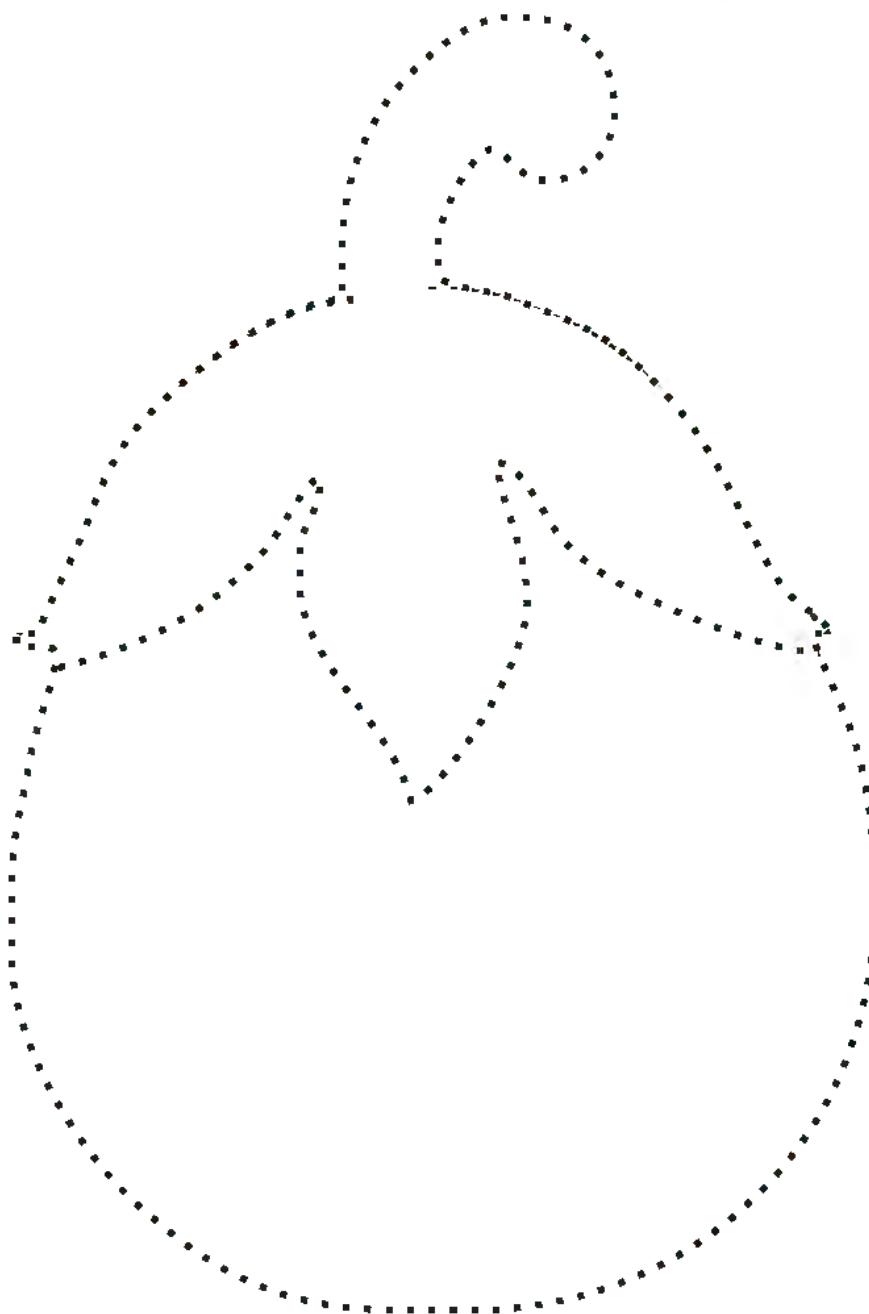
- Introduce the colour red and talk about red coloured objects in the surroundings.
- Talk about all the pictures above.
- Ask the child to circle all of the red coloured objects.

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Parent's Signature

.....
AWW Signature



Tracing the Dots



Instructions

- Introduce the sheet to the child.
- Ask the child to discover the picture by joining the dots and colour the picture.

Parent's Signature

AWW Signature



Sense of Taste



Instructions

- Introduce and talk about the taste of different food items.
- Ask the child to circle the food items which are sweet.

Parent's Signature

AWW Signature



Free drawing

Instructions

- Ask the child to draw anything s/he feels like.
- Write the name of the object drawn by the child and talk to her/him about it.

Parent's Signature

16

AWW Signature



Date _____

Similar Object Matching



Instructions

- Introduce all the pictures above.
- Ask the child to match similar looking objects.

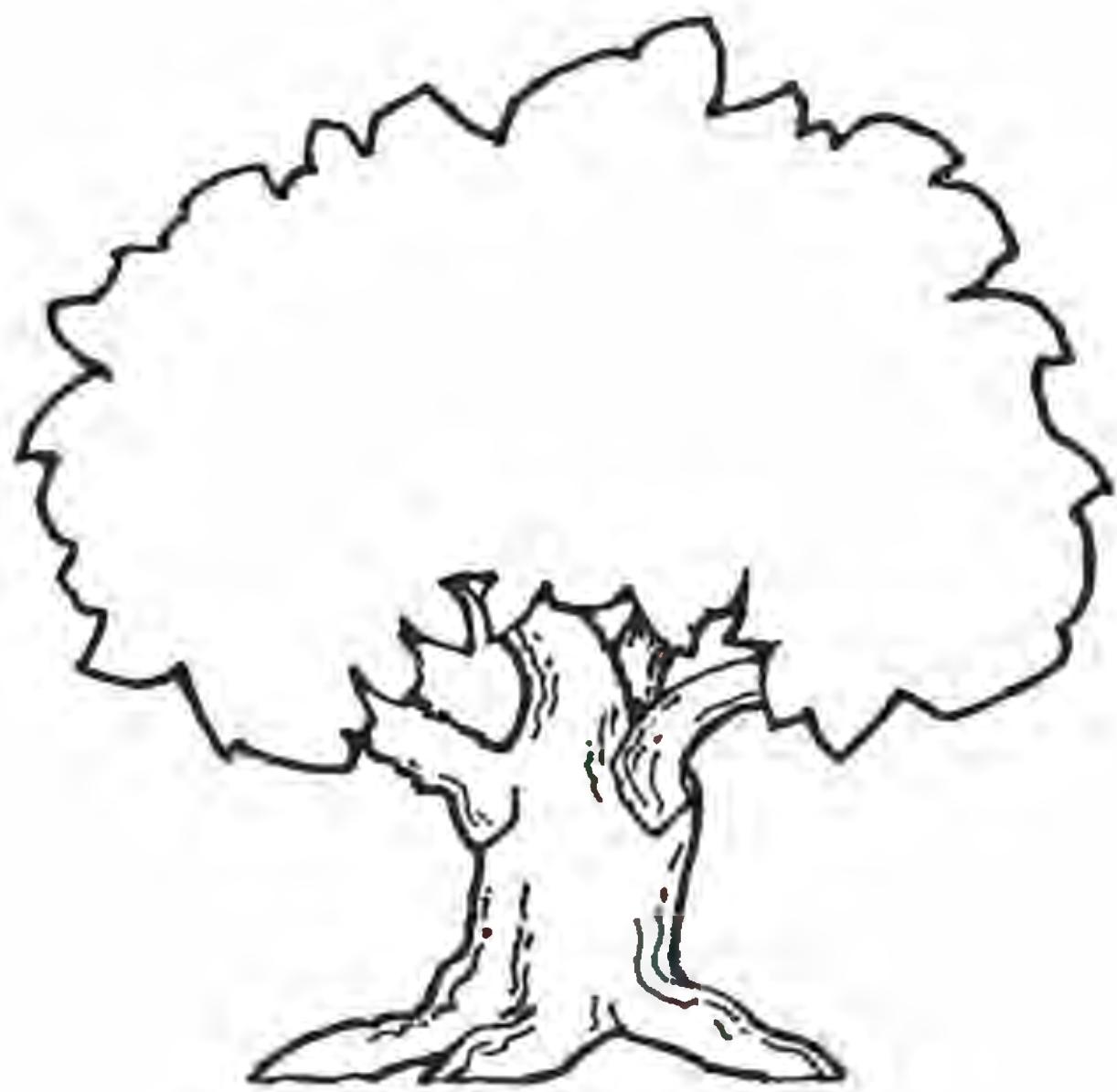
Parent's Signature

AWW Signature



Date _____

Collage Work



Instructions

- Introduce and talk about trees to the child.
- Ask the child to tear and paste paper in the picture of the tree.

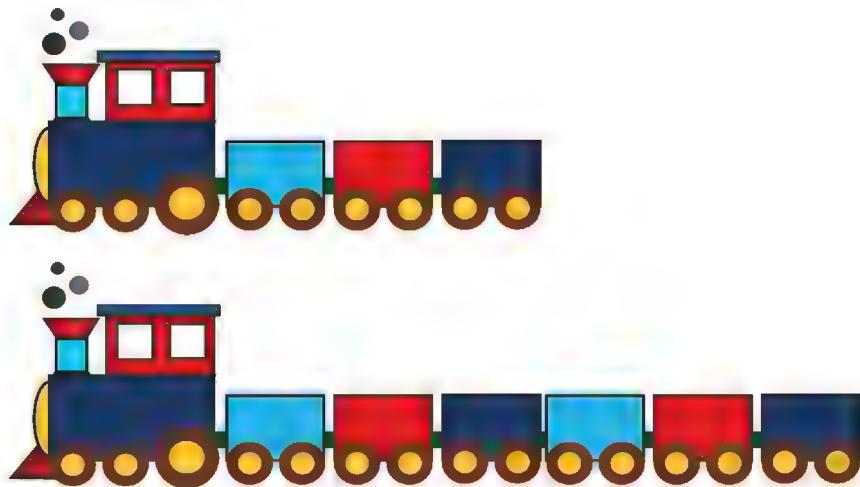
Parent's Signature

AWW Signature



Date _____

Concept of Length



Instructions

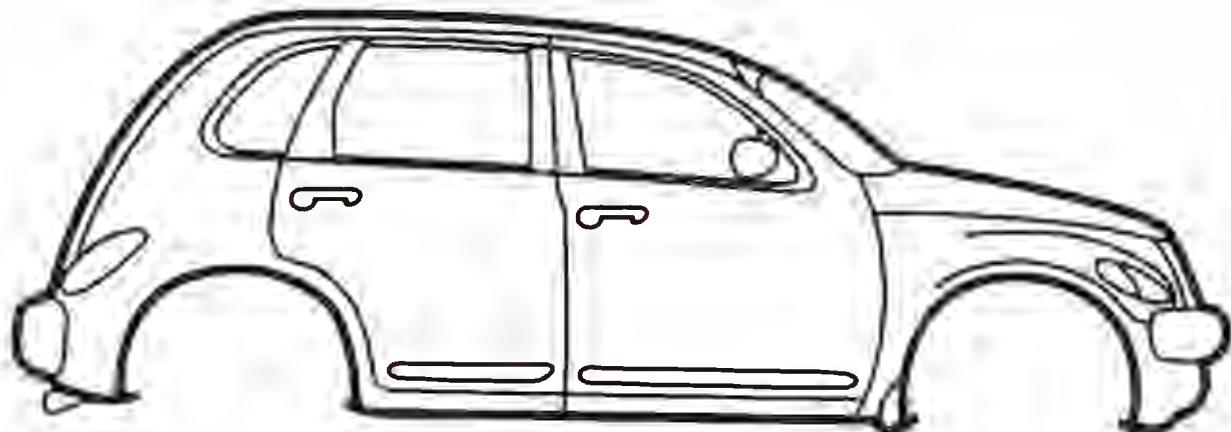
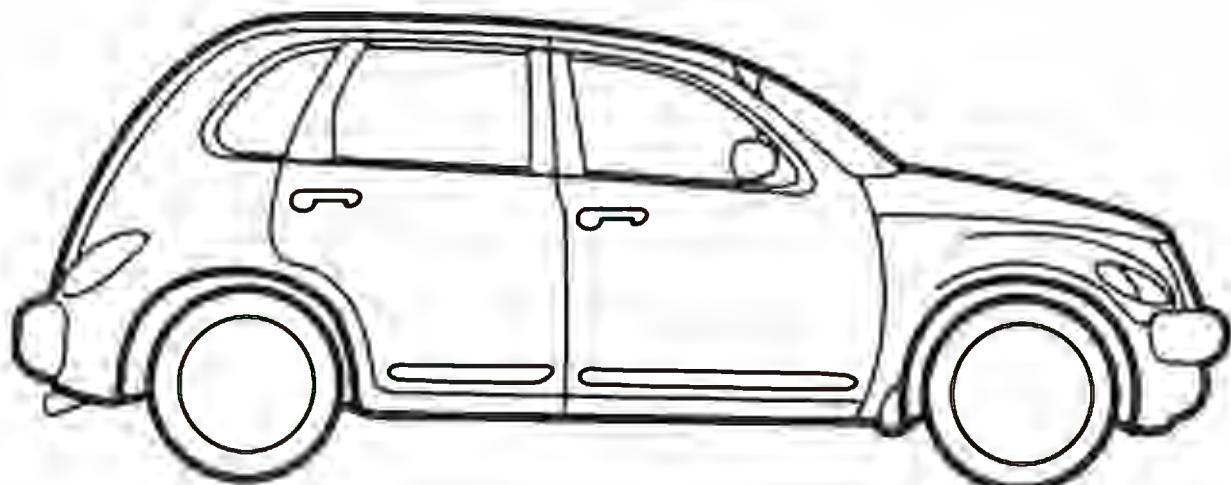
- Introduce and talk about both sets of picture to the child.
- Ask the child to circle the long train.
- Ask the child to circle the short pencil.

Parent's Signature



Date _____

Complete the Picture



Instructions

- Introduce and talk about the picture of the car to the child.
- Ask the child to spot the differences in the two pictures and complete the incomplete picture.

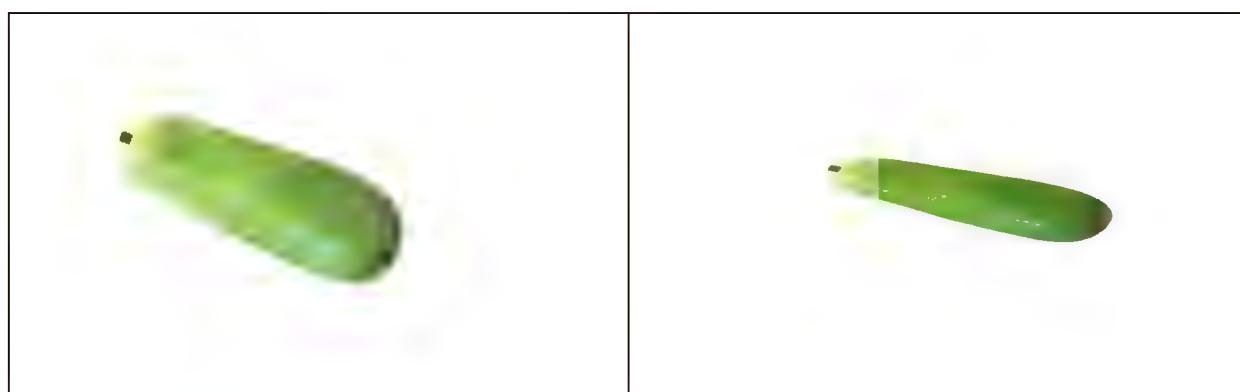
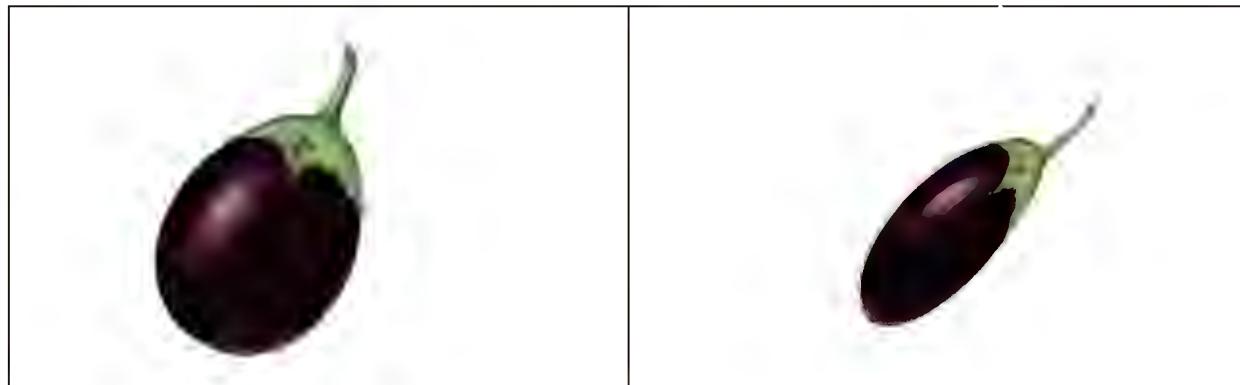
Parent's Signature

AWW Signature



Date _____

Concept of Thick and Thin



Instructions

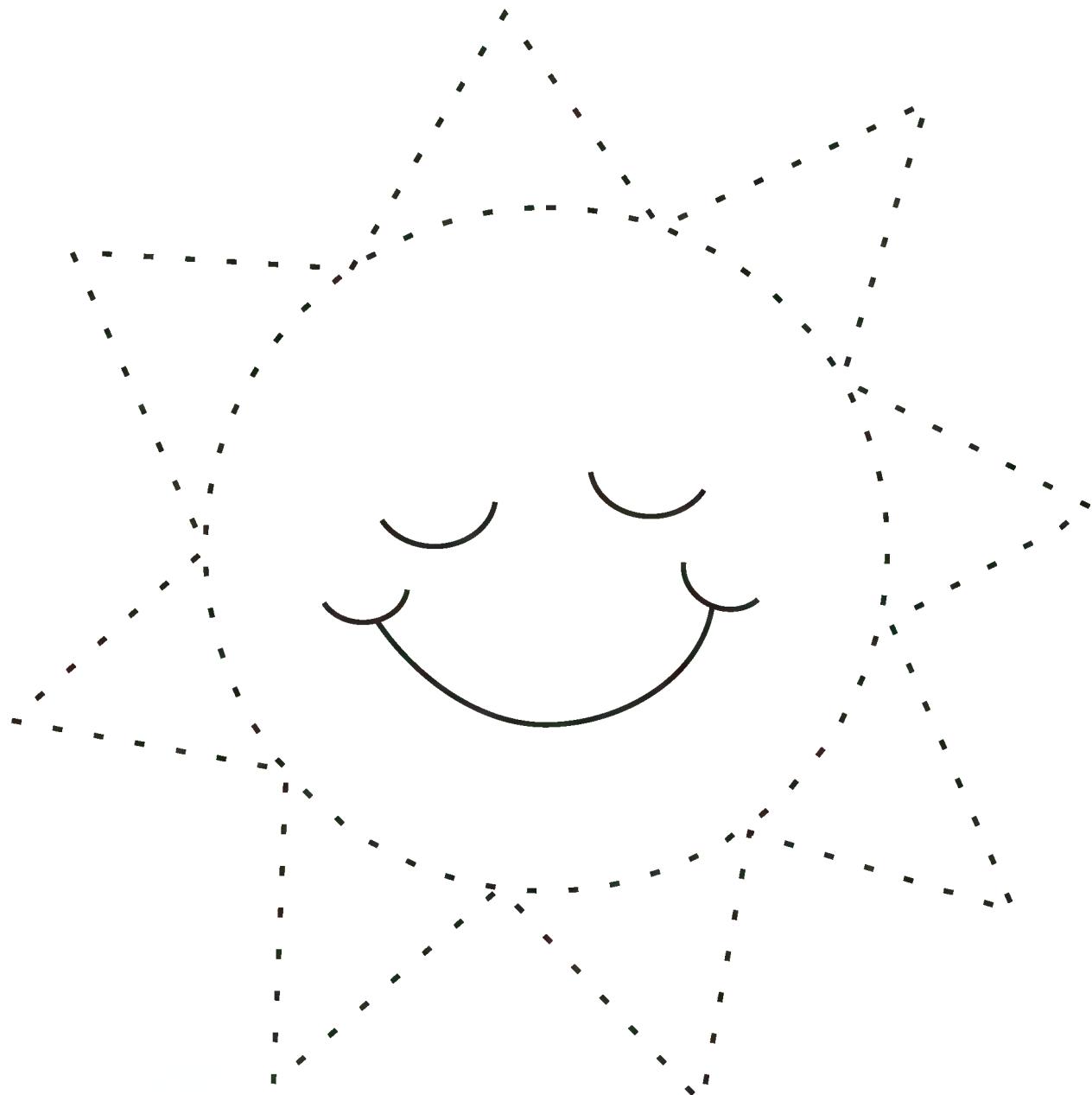
- Introduce and talk about all sets of pictures to the child.
- Ask the child to circle the thick brinjal.
- Ask the child to circle the thin rope.
- Ask the child to circle the thick bottle gourd.

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Parent's Signature



Date _____

Trace and Colour



Instructions

- Introduce the sheet to the child.
- Ask the child to discover the picture by joining the dots and colour the picture.

Parent's Signature

AWW Signature



Date _____

Concept of Space



Instructions

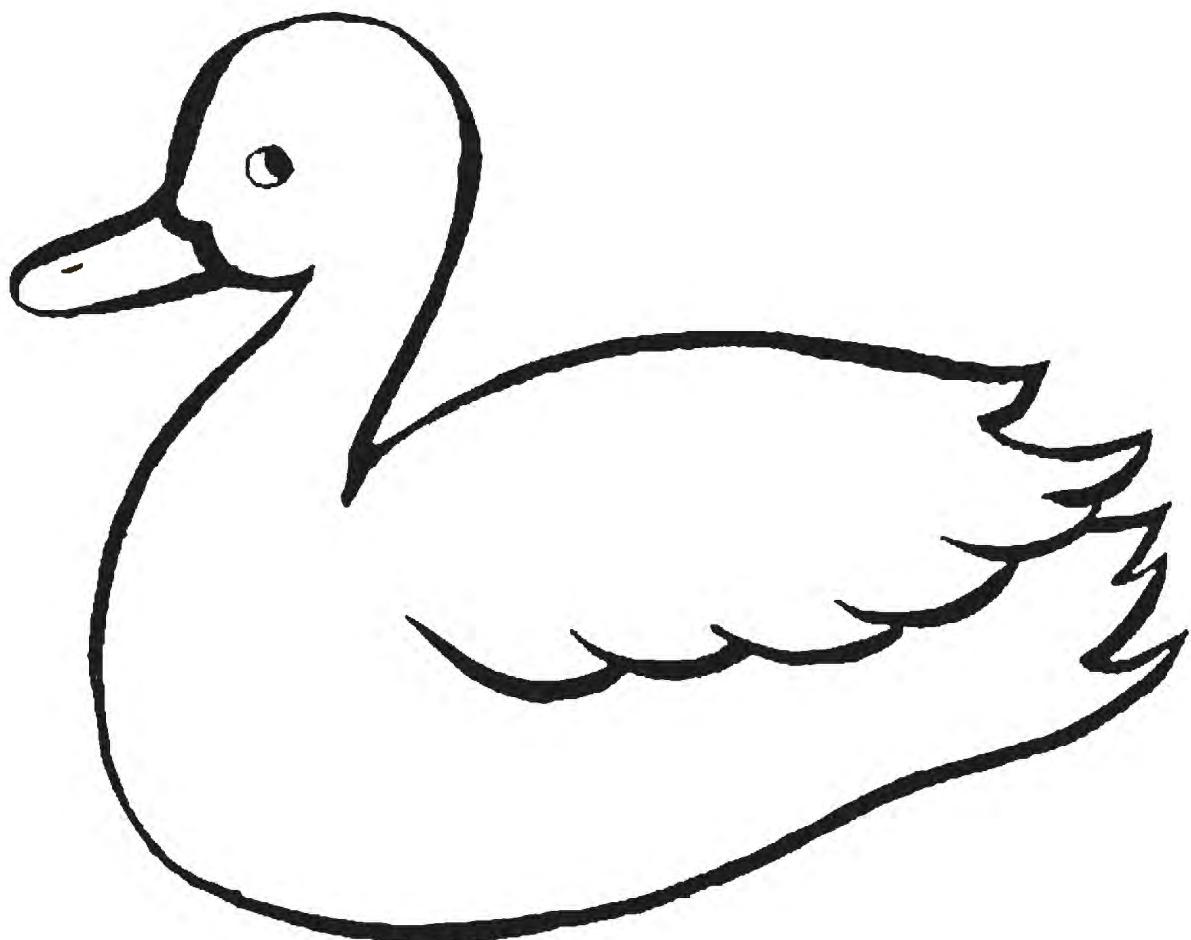
- Introduce and talk about all sets of pictures to the child.
- Ask the child to circle the picture in which the cat is above the table.
- Ask the child to circle the picture in which the ball is under the chair.

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Parent's Signature



Date _____

Thumb Printing



Instructions

- Introduce and talk to the child about ducks.
- Ask the child to put her/ his thumb impression in the picture of the duck.

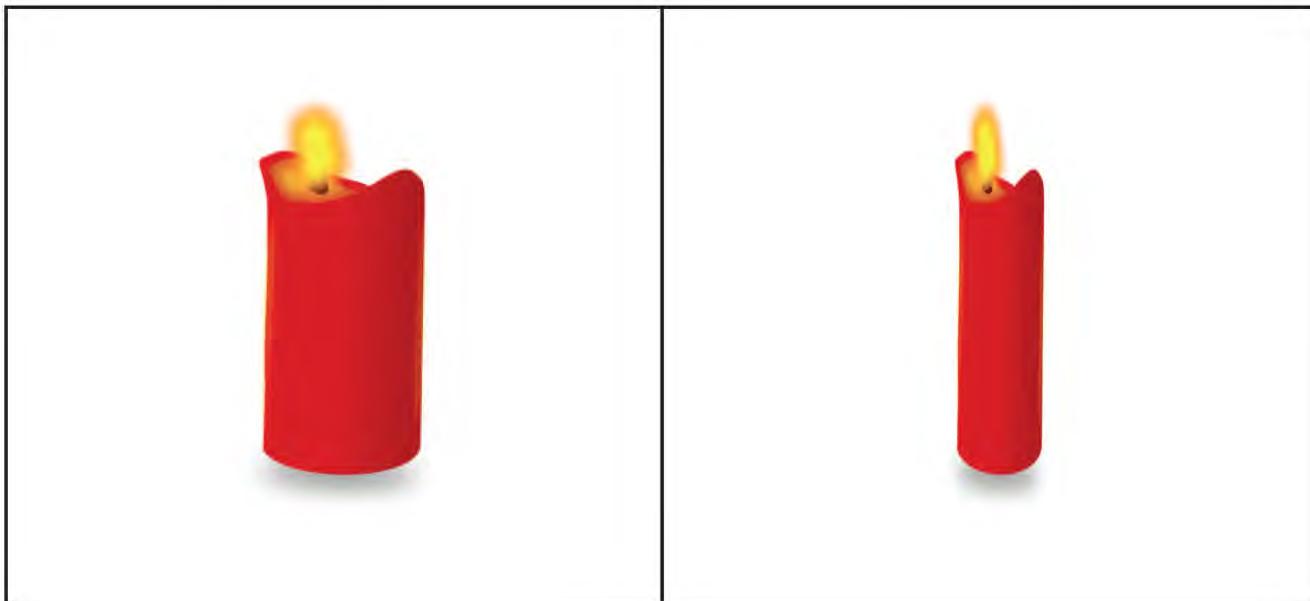
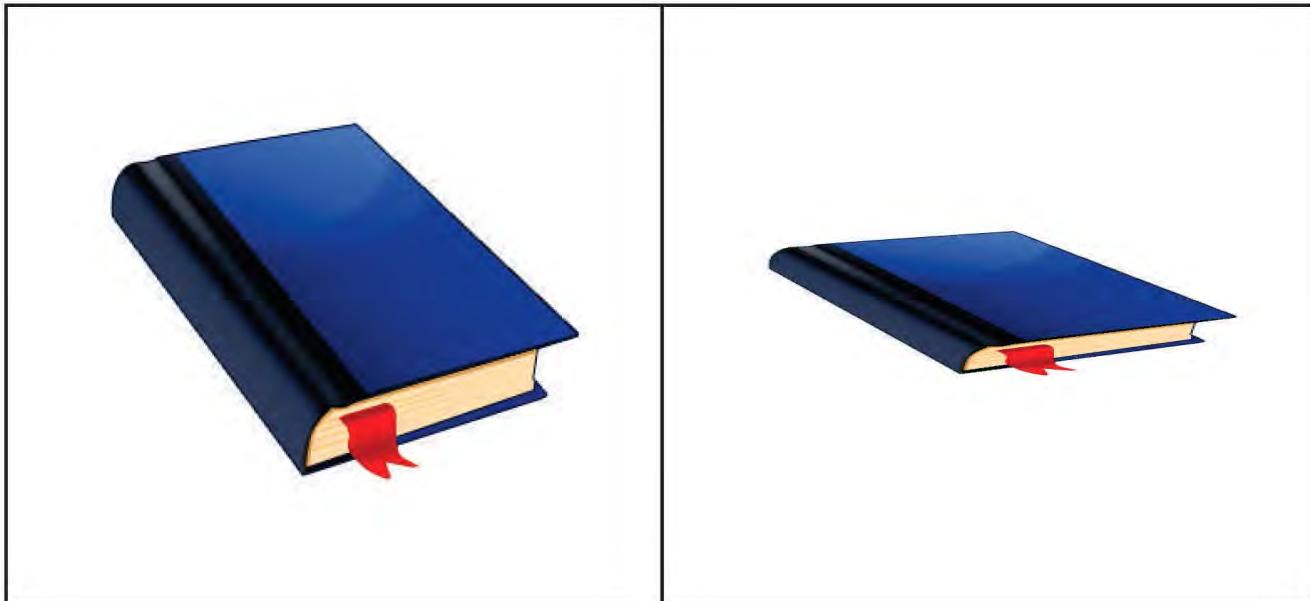
Parent's Signature

AWW Signature



Date _____

Concept of Thick and Thin



Instructions

- Introduce and talk about all sets of pictures to the child.
- Ask the child to circle the thick book.
- Ask the child to circle the thin candle.

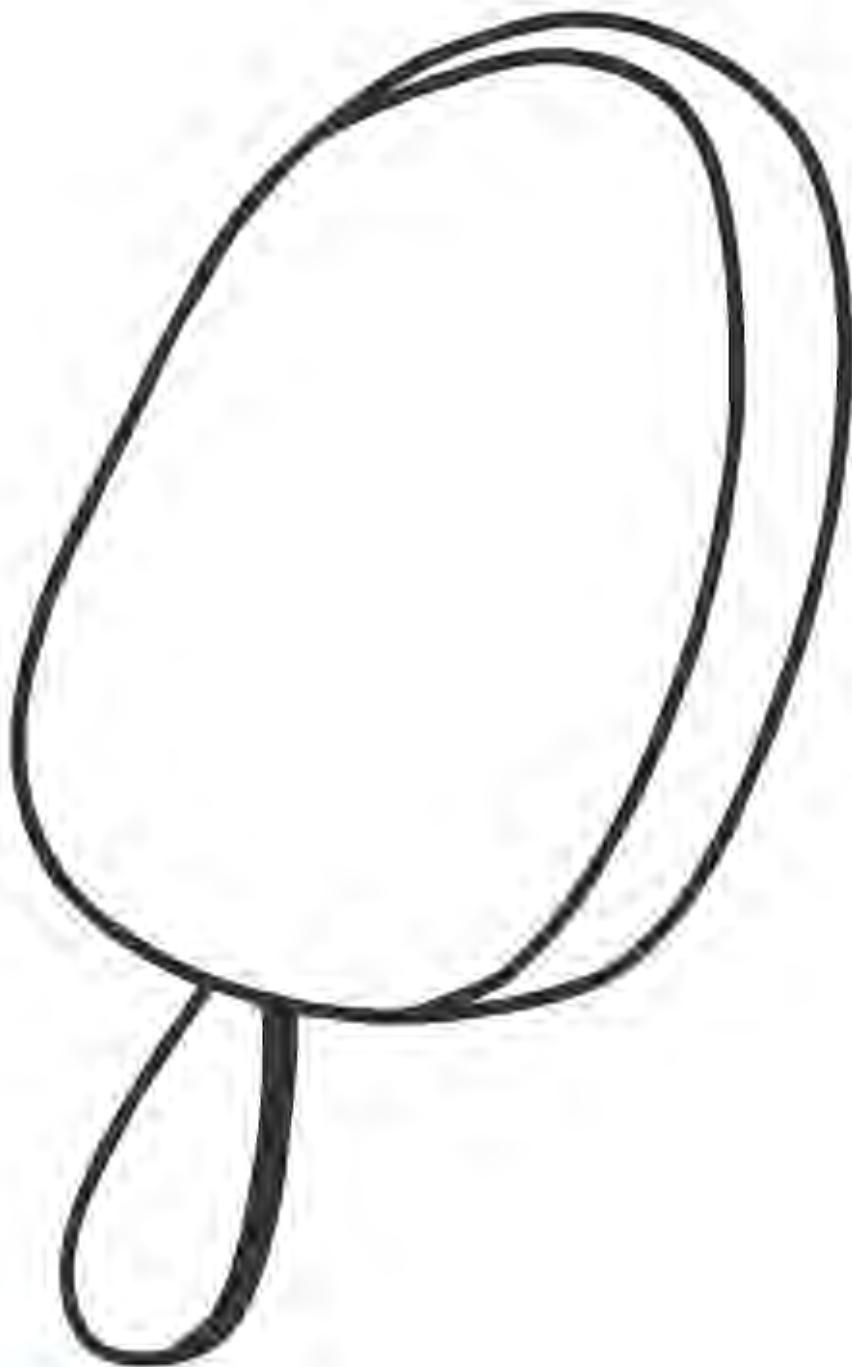
Parent's Signature

AWW Signature



Date _____

Colouring



Instructions

- Introduce and talk to the child about ice cream.
- Ask the child to colour the picture.

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Parent's Signature

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AWW Signature



Concept of Distance



Instructions

- Introduce and talk about all sets of pictures to the child.
- Ask the child to circle the picture in which the rabbit is closer to the carrots.
- Ask the child to circle the picture in which the bird is farther away from the tree.

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Parent's Signature

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AWW Signature



Free drawing

Instructions

- Ask the child to draw themselves.
- Write the names of the body parts drawn by the child and talk to her/ him about them.

Parent's Signature

28

AWW Signature



Date _____

Concept of Colour – Blue



Instructions

- Introduce the colour blue and talk about blue coloured objects in the surroundings.
- Talk about all the pictures above.
- Ask the child to circle all of the blue coloured objects.

Parent's Signature

AWW Signature



Date _____

Collage Work



Instructions

- Introduce and talk about clouds to the child.
- Ask the child to paste cotton in the picture of the cloud.

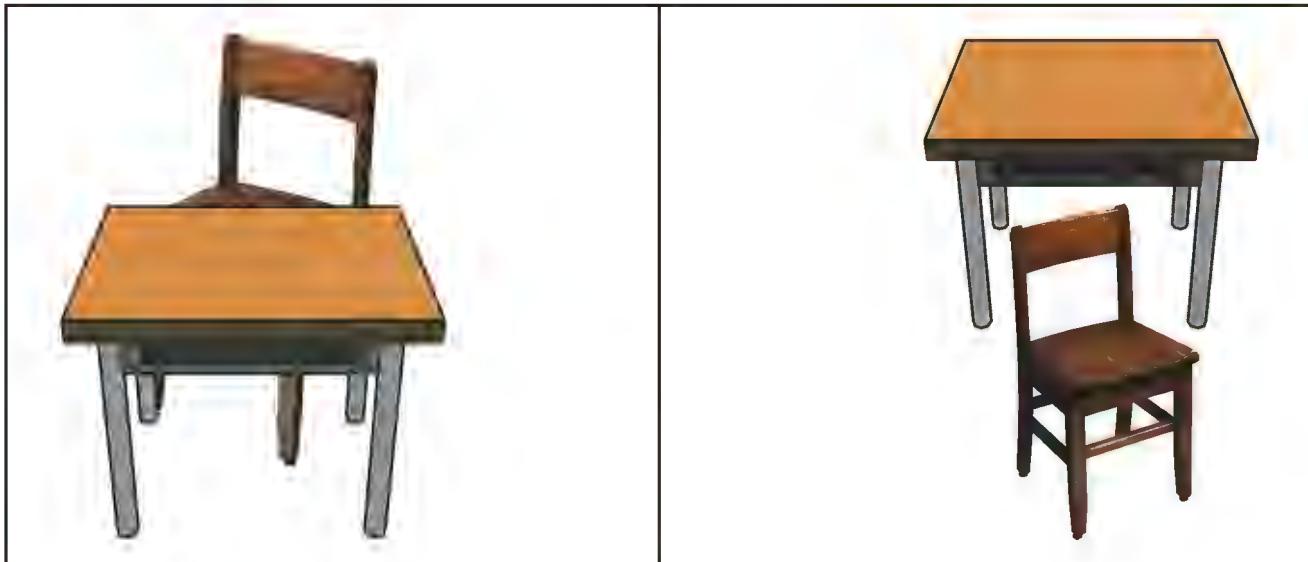
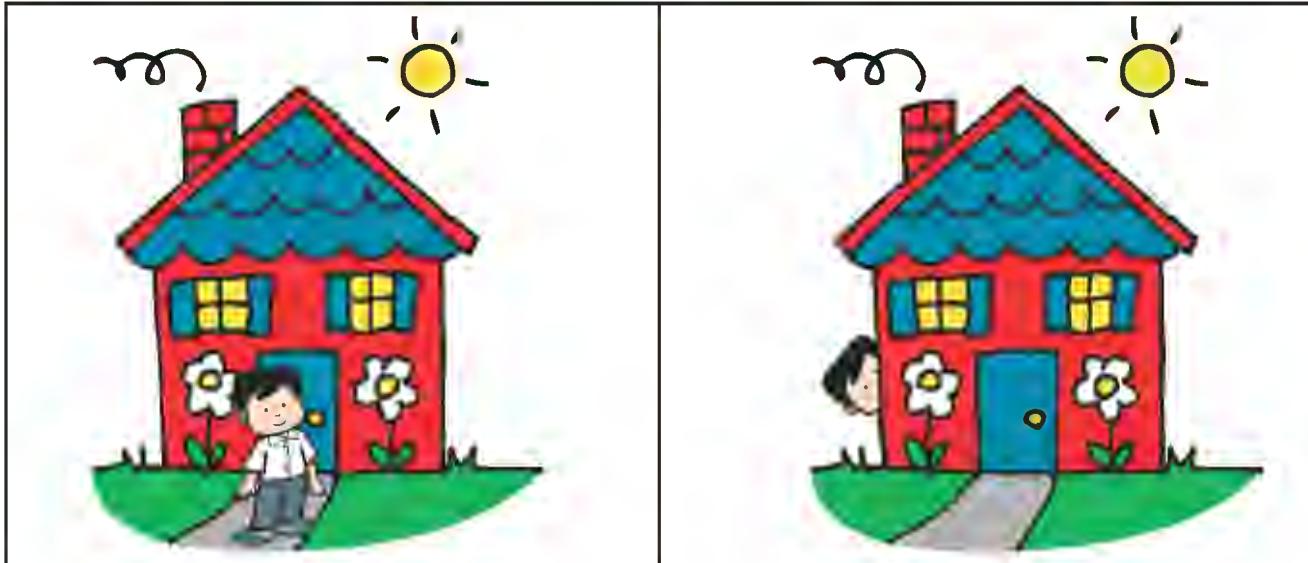
Parent's Signature

AWW Signature



Date _____

Concept of Space



Instructions

- Introduce and talk about both sets of pictures to the child.
- Ask the child to circle the picture in which the boy is standing behind the house.
- Ask the child to circle the picture in which the chair is in front of the table.

Parent's Signature

AWW Signature



Concept of Colour – Yellow

**Instructions**

- Introduce the colour yellow and talk about yellow coloured objects in the surroundings.
- Talk about all the pictures above.
- Ask the child to circle all of the yellow coloured objects.

Parent's Signature

AWW Signature



Date _____

Concept of Shape – Circle



Instructions

- Introduce the shape of a circle and talk about circular objects in the surroundings.
- Ask the child to tick all of the circular objects above.

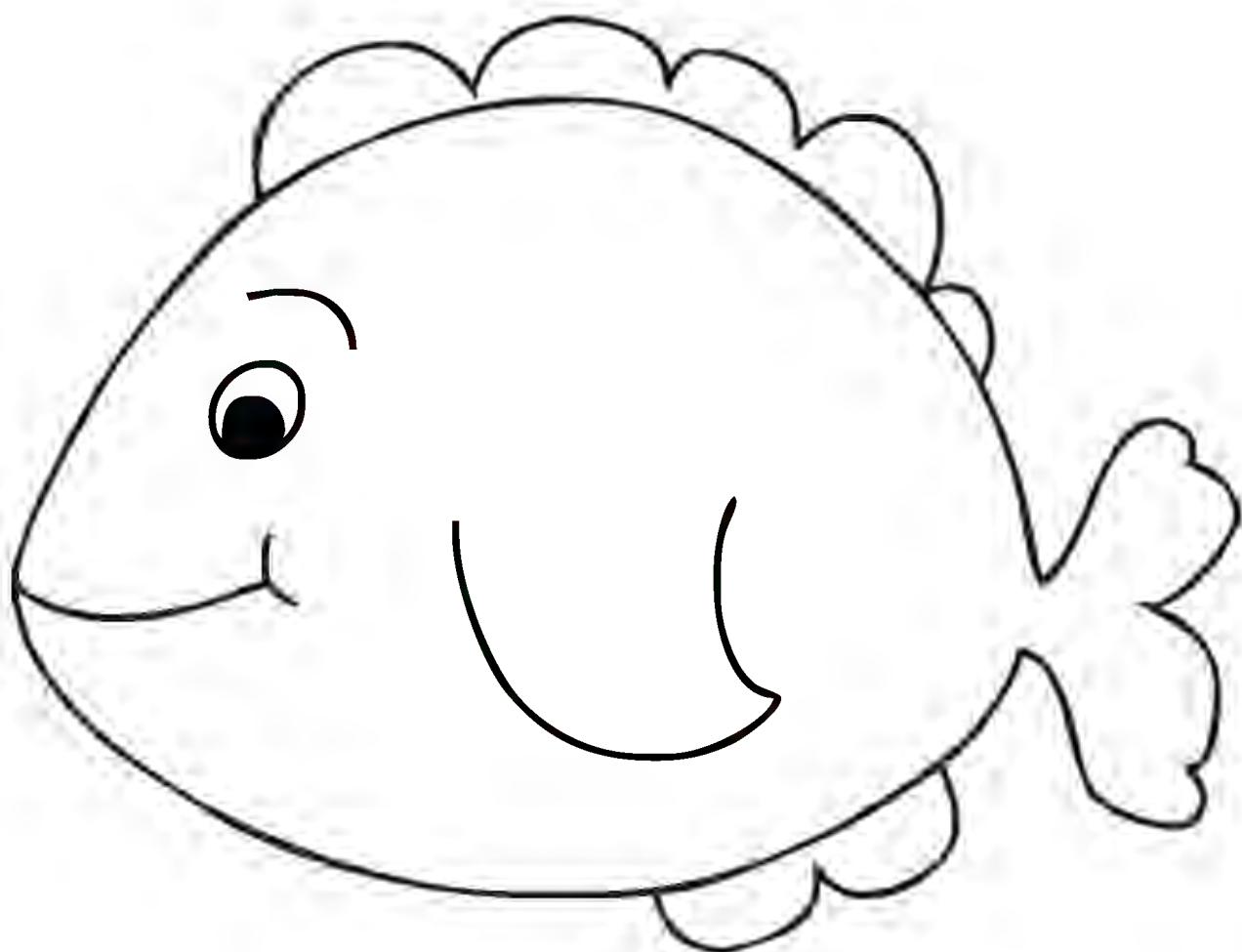
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Parent's Signature

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AWW Signature



Date _____

Thumb Printing



Instructions

- Introduce and talk about fish to the child.
- Ask the child to put her/ his thumb impression in the picture of the fish.

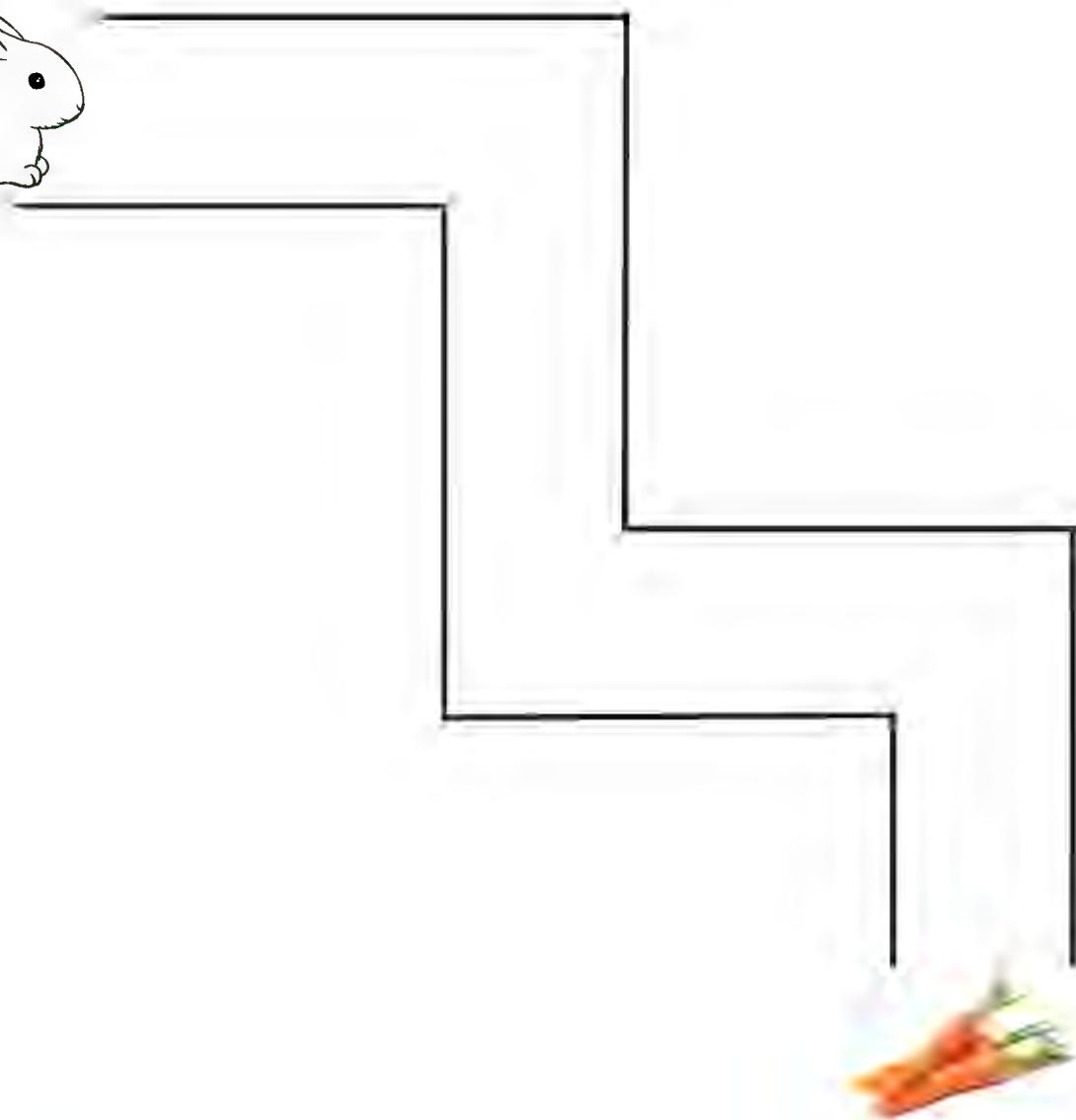
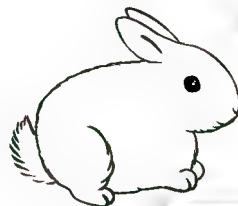
Parent's Signature

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Date _____

Problem Solving (Maze)



Instructions

- Introduce the picture of the rabbit and the path within the maze.
- Ask the child to take the rabbit to the carrots through the path while not touching the borders.

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Parent's Signature



Functional Association

**Instructions**

- Introduce and talk about all of the objects above.
- Ask the child to match the related/ associated objects.

Parent's Signature

AWW Signature



Concept of Numbers

**Instructions**

- Introduce and talk about all sets of pictures to the child.
- Ask the child to circle the picture with more cauliflowers.
- Ask the child to circle the picture with less brinjals.
- Ask the child to circle the picture with less onions.

Parent's Signature

AWW Signature



Free drawing

Instructions

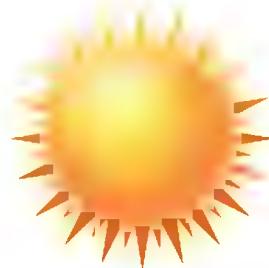
- Ask the child to draw anything s/he feels like.
- Write the name of the object drawn by the child and talk to her/him about it.

Parent's Signature

AWW Signature



Concept of Shape – Triangle

**Instructions**

- Introduce the shape of a triangle and talk about triangular objects in the surroundings.
- Ask the child to tick all of the triangular objects above.

Parent's Signature

AWW Signature



Date _____

Complete the Picture



Instructions

- Introduce and talk about the picture to the child.
- Ask the child to spot the differences in the pictures and complete the incomplete picture.

Parent's Signature

AWW Signature



Date _____

Concept of Space



Instructions

- Introduce and talk about both sets of pictures to the child.
- Ask the child to circle the picture in which the cat is out of the box.
- Ask the child to circle the picture in which the flowers are inside the vase.

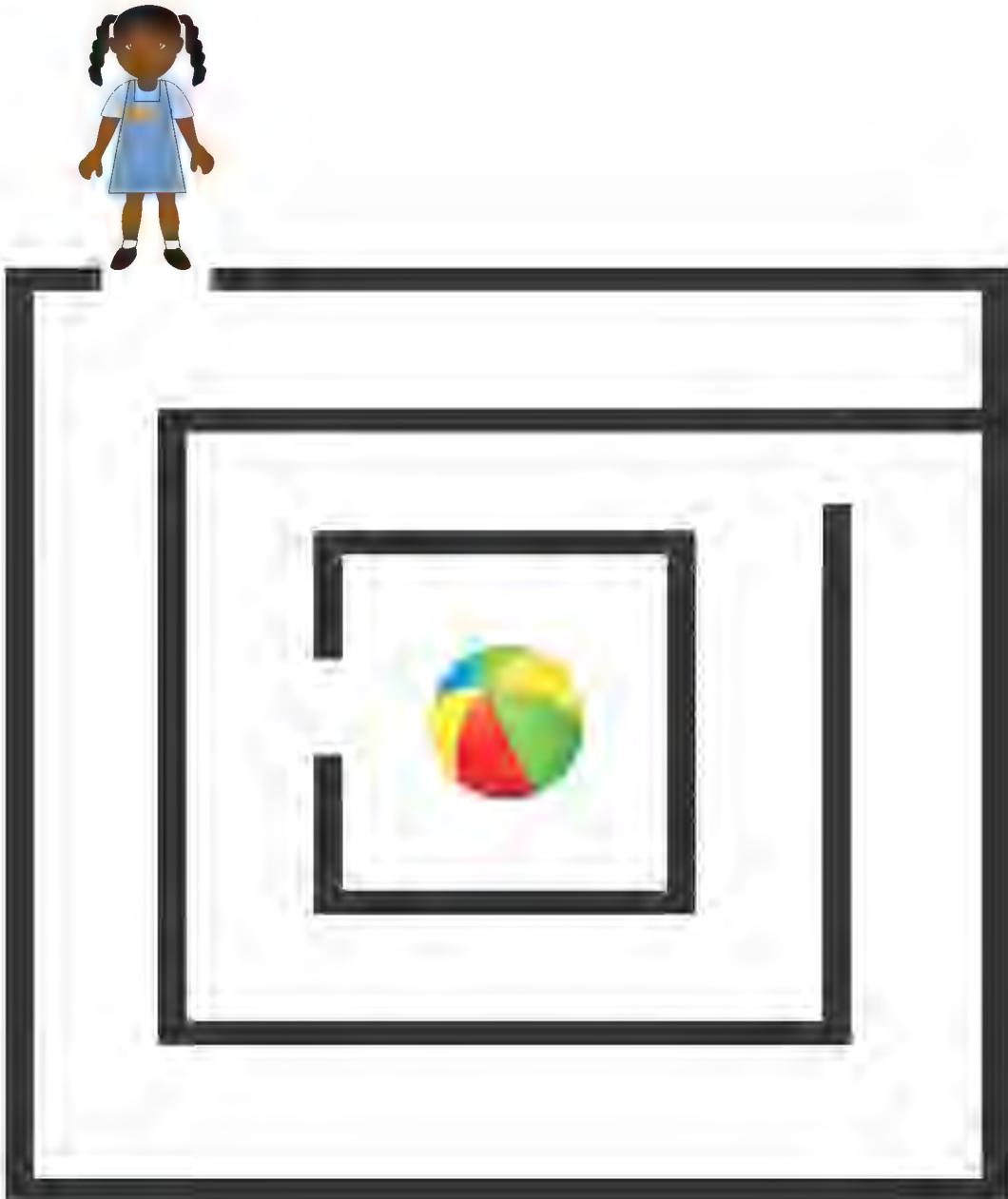
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Parent's Signature

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AWW Signature



Date _____

Problem Solving (Maze)



Instructions

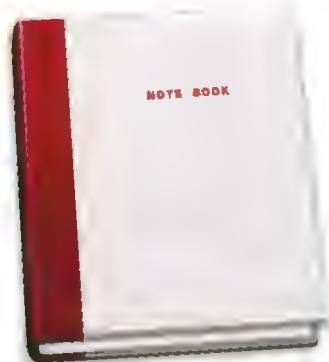
- Introduce the picture of the girl, ball and the path within the maze.
- Ask the child to take the girl to the ball through the path while not touching the borders.

Parent's Signature

AWW Signature



Concept of Shape – Rectangle

**Instructions**

- Introduce the shape of a rectangle and talk about rectangular objects in the surroundings.
- Ask the child to tick all of the rectangular objects above.

Parent's Signature

AWW Signature



Free drawing

Instructions

- Ask the child to draw anything s/he feels like.
- Write the name of the object drawn by the child and talk to her/him about it.

Parent's Signature

44

AWW Signature



Date _____

Similar Shape Matching



Instructions

- Introduce and talk about all of the pictures above.
- Ask the child to match the objects with similar shapes.

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Parent's Signature

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AWW Signature



Similar Colour Matching

**Instructions**

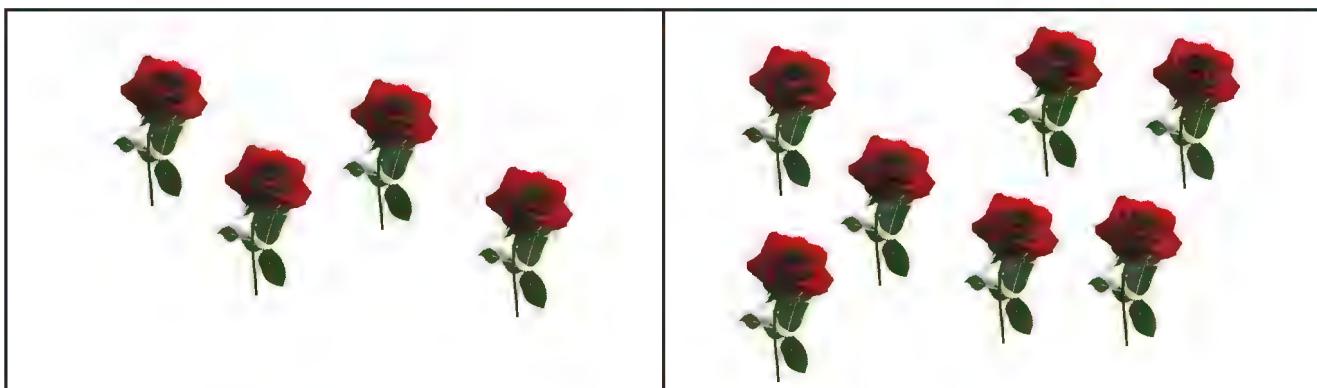
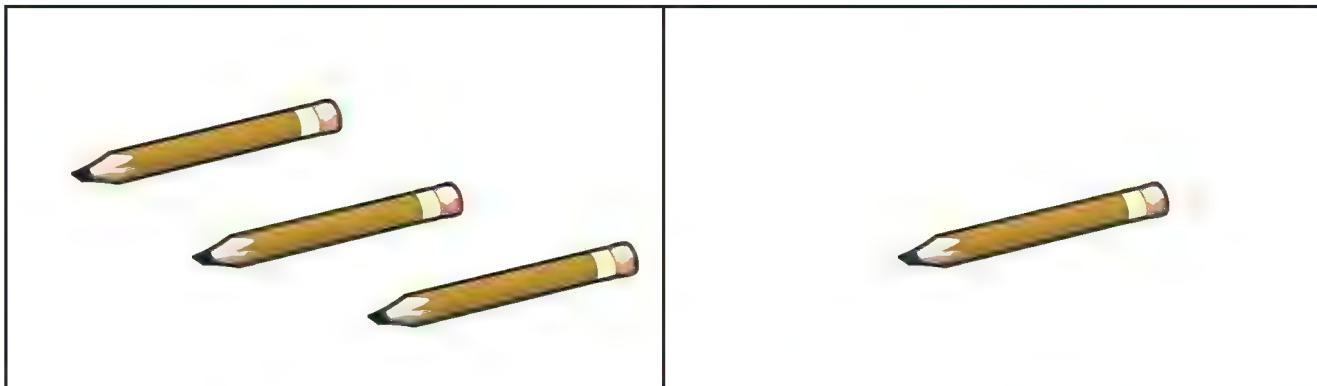
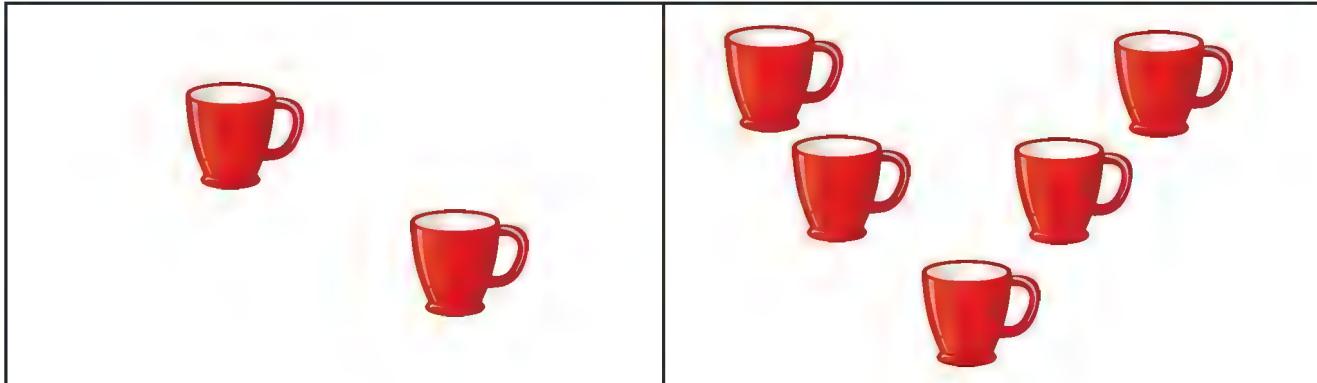
- Introduce and talk about all of the pictures above.
- Ask the child to match objects of the same colour.

Parent's Signature

AWW Signature



Concept of Numbers

**Instructions**

- Introduce and talk about all sets of pictures to the child.
- Ask the child to circle the picture with more cups.
- Ask the child to circle the picture with less pencils.
- Ask the child to circle the picture with less roses.

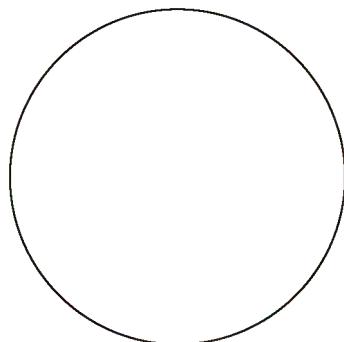
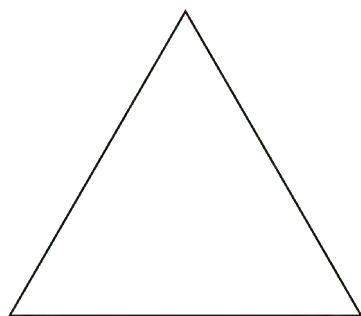
Parent's Signature

AWW Signature



Date _____

Shape Object Matching



Instructions

- Introduce and talk to the child about different shapes (circle, rectangle and triangle).
- Ask the child to match shapes with similar looking objects.

Parent's Signature

AWW Signature



**Ministry of Women and Child Development
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